

Oshawa N.A.S.C. Hockey

Oshawa N.A.S.C. Hockey is operated solely by the volunteers in our community for the children of Oshawa **since 1947!**

The focus of the hockey committee is to promote a wholesome, fun but challenging recreational house league and ice hockey environment not only for the players involved, but for the coaches, managers, parents and league officials.

*Our league is very unique and we are **the only house league in Oshawa to offer structured, "kid-focused" programs included with your registration*****

What We Offer:

- ***NEW*** "Foundations of Hockey Program" (3 and 4 years old)
- Weekly Instructional Hockey School (4 and 5 years old)
- Weekly "Super Six" (6 yrs.) Instructional Hockey School
- Power skating program (7 yrs to 12 yrs old)
- "Super Novice" / Atom Hockey Skills (7 -10 yrs.)
- "Goaltender Only" Clinics (monthly) (7 yrs to 17 yrs old)
- "Select / All-Star" program (add'l fee program)

For more information please visit us:
www.naschockey.com



The philosophy is simple.

"Skating is a key factor to enjoying this game that we love. Hockey is only fun when you're playing the sport, not having to work at it."



Oshawa N.A.S.C. Hockey

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www.naschockey.com

Oshawa N.A.S.C. Hockey

MAKING HOCKEY "FUN"



2013 WINTER HOUSE LEAGUE REGISTRATION

Voted #1 Instructional Hockey Program in all of Durham Region!



www.naschockey.com

Providing recreational ice hockey for the children of Oshawa since 1947

Featuring "age appropriate" learning

Our Programs

***NEW - "FOUNDATIONS OF HOCKEY" \$250 BORN (2009-2010)**

Parents now have a choice...!

If your schedule is too busy and you can only afford once a week, it's no problem.

If we determine that your child is naturally gifted and is ready, there is always the option to move up into our Timbits 4 and 5 year old Instructional Hockey Program for a small increase in fees and double the ice time!

Children will be on the ice only once weekly on Sunday mornings. Cost is only \$250 for the entire season!

INSTRUCTIONAL 4/5 \$450 BORN (2008-2009)

Instructional 4/5 Hockey School Program

DOC= Demonstrate, Observe & Correct

Having fun and learning the basics is the key to building confidence. In order to satisfy both areas, we offer a weekly instructional "hockey school" program with certified instruction in addition to the regular program for those players 4 and 5 yrs. old. **All players are on the ice twice weekly.**

The focus is on the players learning the skills of the game, not playing games every week.

No experience necessary. We'll teach you!

ALL Inclusive Fees Include

(2007 - 2008 - 2009)

- ✓ Weekly Hockey School plus
- ✓ 1 game/practice per week
- ✓ Annual Xmas tournament included
- ✓ All games / practices / Referee fees
- ✓ Supplied jerseys and socks
- ✓ Team pictures
- ✓ Championship trophies
- ✓ Season ending Pizza Party (4/5 & 6 yrs. old)
- ✓ Timbits jamboree



"SUPER SIX" BORN (2007) \$530

Players are placed onto 6-year old "only" teams continue to learn in the weekly "hockey school". Saturday programming will consist of a bi-weekly structured game/practice (1 wk game / 1 wk practice) with referees and timekeeper to teach players the "game of hockey". The goal of the program is to introduce positioning, rules of the game (offside, icing, face-off setup, etc.) to prepare those players who will graduate to the Novice level where they begin playing organized games on a regular basis.

SUPER NOVICE" BORN (2006/2005) \$630

All 7 and 8 year olds will participate on their teams and continue to learn in their weekly program (1 game / 1 practice per week) in addition, the players are scheduled "every-other-week" to attend an additional structured "hockey skills program". Also included is "power skating Sundays" every third Sunday of the month with Scary Skate power skating instructors

"ATOM SKILLS" BORN (2004/2003) \$630

All 9 and 10 year olds will participate on their teams and continue to learn in their weekly program (1 game / 1 practice per week) in addition, the players are scheduled "every-other-week" to attend an additional structured "hockey skills program". Also included is "power skating Sundays" every third Sunday of the month with Scary Skate power skating instructors.

ALL Inclusive Fees Include

(2003 - 2004 - 2005 - 2006)

- ✓ Bi-weekly* Hockey Skills plus
- ✓ 1 game and 1 practice per week
- ✓ Annual Xmas tournament included
- ✓ All games / practices / Referee fees
- ✓ Supplied jerseys and socks
- ✓ Team pictures
- ✓ Championship trophies
- ✓ Power Skating Sundays

"PEEWEE" BORN (2002/2001) \$630

All 11 and 12 year olds will participate on their teams and continue to learn in their weekly program (1 game and 1 practice per week) in addition, "power skating Sundays" are included every third Sunday of the month with power skating instruction. Xmas tournament included.

"BANTAM" BORN (2000/1999) \$510

All 13 and 14 year olds will participate on their teams and continue to learn in their weekly program (1 game and 1 practice every 3rd week) Games are scheduled on weekdays compared to weekends for our younger players. Xmas tournament included.

"MIDGET/JUVENILE" \$450 BORN (1994/1995/1996/1997/1998)

Four years ago, we introduced the concept of older aged players continuing their fun as an option to mens' league. A maximum of 3 juvenile aged players are placed on each Midget team and all teams are balanced in this exciting, fun and very fast division. Last season we had a waiting list so don't wait to register!

Please visit www.naschockey.com for detailed program information

HOCKEY REGISTRATION DATES

Friday, Sept.13th – 5pm to 9pm
Saturday, Sept.14th – 9am to 1pm
Valleyview Clubhouse

Online registration NOW AVAILABLE!

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